

TARGETED THERAPIES

Regenerative Medicine aims to target areas of damaged/injured tissue, and inflammatory and degenerative disease. Talk with your doctor about the best treatment for your particular condition. Regenerative methodologies have been used by physicians in some of the following applications:

KNEE

- LIGAMENT SPRAINS AND TEARS (ACL, PCL, MCL, LCL)
- PATELLAR TENDONITIS AND TENDINOSIS
- BURSITIS
- OSTEOARTHRITIS

SHOULDER

- ROTATOR CUFF TENDINOPATHIES
- LIGAMENT SPRAINS AND TEARS
- TENDONITIS AND TENDINOSIS
- OSTEOARTHRITIS

FOOT & ANKLE

- LIGAMENT SPRAINS AND TEARS
- ACHILLES TENDONITIS AND TENDINOSIS

ELBOW, HAND, & WRIST

- EPICONDYLITIS (TENNIS ELBOW AND GOLFER'S ELBOW)
- LIGAMENT SPRAINS AND TEARS
- TENDONITIS AND TENDINOSIS
- OSTEOARTHRITIS

CERVICAL REGION (NECK & UPPER BACK)

- FACET OSTEOARTHRITIS
- SPINAL STENOSIS
- RADICULAR PAIN
- INFLAMED LIGAMENTS, TENDINOSIS, AND TENDINOPATHIES

HIP

- LIGAMENT SPRAINS AND TEARS
- PATELLAR TENDONITIS AND TENDINOSIS
- LABRAL TEARS
- OSTEOARTHRITIS

LUMBAR REGION (LOWER BACK)

- DEGENERATIVE DISC DISEASE
- FACET OSTEOARTHRITIS
- SPINAL STENOSIS
- RADICULAR PAIN



ADVANCED
SPINE AND PAIN

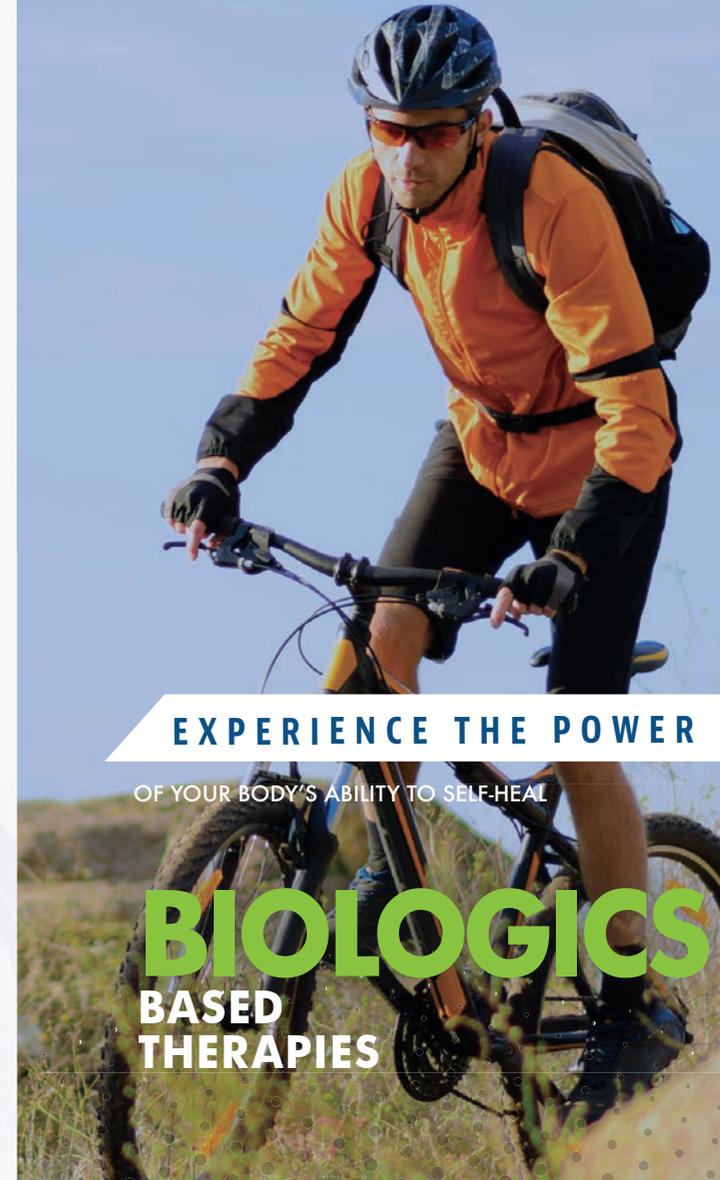
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ADVANCED
SPINE AND PAIN

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EXPERIENCE THE POWER

OF YOUR BODY'S ABILITY TO SELF-HEAL

BIOLOGICS
BASED
THERAPIES

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WHAT IS REGENERATIVE MEDICINE?

OUR BIOLOGICS-BASED THERAPIES FOLLOW THE PRINCIPLES OF REGENERATIVE MEDICINE, WHICH UTILIZE YOUR OWN CELLS* - FROM BLOOD, ADIPOSE TISSUE (FAT CELLS), OR BONE MARROW - TO STIMULATE YOUR BODY'S REPAIR MECHANISMS. REINTRODUCED INTO YOUR SYSTEM VIA MINIMALLY-INVASIVE METHODS, YOUR CELLS* TARGET AREAS OF INJURY OR DEGENERATION TO ACCELERATE REPAIR, REDUCE INFLAMMATION, AND HELP RELIEVE CHRONIC PAIN.

REGENERATIVE BENEFITS

Regenerative medicine (RM) methodologies have been in clinical use since the 1980s and have demonstrated their efficacy. Recent innovations have brought the benefits of RM to more patients than ever. Today's regenerative therapies are:

EFFECTIVE

As more and more science-based RM procedures are performed, the data that's been collected shows that these methodologies may help patients. Pain levels have been reduced, range of motion increased, symptoms relieved, and, for some, underlying causes targeted. The recovery period may be minimal but varies by patient.

MINIMALLY INVASIVE

Regenerative therapies are non-surgical and the majority of procedures are done in-office with local anesthetic at the injection site. Some procedures are done while you are mildly sedated or under anesthesia. We will explain in detail to you the particulars of your recommended therapy in advance.

SAFE

Compared to surgery, regenerative therapies present very low risk of infection or complications. Drugs are not involved, so side effects are not a concern. Our regenerative therapies are governed by rigorous in-house protocols to ensure the quality and safety of treatment you receive.

SCIENCE-BASED TREATMENTS

Regenerative therapies are revolutionizing and personalizing care plans for many painful conditions. A consult with your doctor will determine the optimum treatment plan for you. Therapy options include:

1) PRP/PRFM

PLATELET-RICH PLASMA (PRP) OR PLATELET-RICH FIBRIN MATRIX (PRFM) THERAPY DELIVERS CONCENTRATED PLATELETS DIRECTLY TO DAMAGED TISSUES TO INITIATE THE BODY'S OWN POTENT HEALING RESPONSES TO HELP REPAIR ACUTE INJURY AND REDUCE INFLAMMATION OR DAMAGE FROM CHRONIC DEGENERATIVE DISEASE.

2) STEM CELLS

YOUR OWN STEM CELLS, DERIVED FROM YOUR ADIPOSE (FAT) TISSUE OR BONE MARROW, ARE REINTRODUCED INTO THE BODY TO HELP DECREASE INFLAMMATION AND SPUR NEW TISSUE GROWTH, STIMULATING YOUR BODY'S ABILITY TO HEAL ITSELF.

3) AMNIOTIC FLUID

AMNIOTIC FLUID (FROM DONATED AND SCREENED, FULL-TERM CAESARIAN DELIVERIES) IS RICH IN GROWTH FACTORS, HORMONES, AND SIGNALING MOLECULES THAT STIMULATE HEALING. IT ALSO CONTAINS A HIGH CONCENTRATION OF HYALURONIC ACID, WHICH PROTECTS JOINTS AND AIDES IN REDUCING INFLAMMATION.

*The exception is amniotic fluid, a targeted therapy using growth factor cells from an amniotic fluid collected at full term caesarian deliveries. All donations are pre-screened and follow AATB and FDA guidelines.