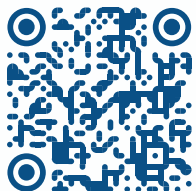


WHY PATIENTS CHOOSE ADVANCED SPINE & PAIN: ARIZONA'S LEADER IN POST-INJURY CARE

- Multidisciplinary approach for the most complete recovery
- Board-certified providers in pain management and spine care
- Personalized treatment plans
- Faster access to therapy, imaging, and procedures
- Comprehensive documentation for legal and insurance needs

WE WORK WITH PATIENTS, ATTORNEYS, AND INSURANCE CARRIERS TO ENSURE SEAMLESS COMMUNICATION AND TIMELY DOCUMENTATION.



LEARN MORE ABOUT
ASAP PERSONAL INJURY



ADDITIONAL EVALUATIONS & TESTS

In many motor vehicle collisions, hidden injuries require more specialized testing.

CONCUSSION & TRAUMATIC BRAIN INJURY (TBI) EVALUATION

- Neurocognitive testing
- Symptom monitoring
- Referral to neurology if needed

EMG/NERVE CONDUCTION STUDIES

Used to identify:

- Nerve damage
- Radiculopathy
- Peripheral nerve injury

BRACING & SUPPORT DEVICES

Customized braces may help stabilize injured areas and reduce pain during recovery.



ADVANCED
SPINE AND PAIN

INFO@ASAPPAINDOCS.COM | 480.573.0130

PERSONAL INJURY

HELPING YOU GET BACK TO LIFE ASAP!

MOTOR VEHICLE COLLISION CARE

GET BACK TO LIFE ASAP

WWW.ASAPPAINDOCS.COM

YOUR RECOVERY ROADMAP

BELOW ARE THE **KEY PILLARS OF TREATMENT** WE PROVIDE FOLLOWING AN ACCIDENT.

AT ADVANCED SPINE & PAIN, OUR MISSION IS SIMPLE: REDUCE YOUR PAIN, RESTORE YOUR FUNCTION, AND HELP YOU RETURN TO NORMAL LIFE—**ASAP**.

1. IMMEDIATE POST-INJURY CARE

Early care after a collision is crucial to limit inflammation, reduce pain, and prevent long-term dysfunction.

What this includes:

- Thorough physical exam
- Identification of pain generators (neck, back, joints, nerves)
- Review of initial imaging (X-rays, CT, MRI)
- Early stabilization and acute pain management
- Prescribed medication for acute pain

2. REHABILITATION & MOBILITY RESTORATION

Restoring strength, flexibility, and functional movement is essential for proper recovery.

Therapies Offered:

PHYSICAL THERAPY (PT)

- Targeted strengthening
- Stabilization and mobility exercises
- Postural and gait correction
- Modalities to reduce pain and inflammation

CHIROPRACTIC CARE

- Spinal alignment for improved mechanics
- Soft tissue therapies
- Mobilization techniques for pain reduction

Initiating and continuing these treatments help prevent chronic pain and speed return to daily activities.

3. INTERVENTIONAL PAIN MANAGEMENT

For persistent or more severe pain, we offer safe, evidence-based procedures to reduce inflammation and promote healing.

What this includes:

- Comprehensive review of critical imaging (MRI, CT, X-ray)
- Diagnosis of specific pain generators (facet joints, discs, nerves, joints)
- Discussion of procedure options tailored to your injury

Possible Procedures:

- Facet joint injections
- Radiofrequency ablation
- Sacroiliac (SI) joint injections
- Peripheral joint injections (shoulder, knee, hip)
- Regenerative medicine options

These procedures often provide rapid relief that enables more effective participation in therapy.

4. SURGICAL EVALUATION

Some injuries require a higher level of care. If your condition is severe or unresponsive to conservative treatment, we coordinate timely surgical consultation.

Surgical evaluation may be recommended for:

- Significant spinal injuries
- Herniated discs with nerve compression
- Instability or fractures
- Severe joint trauma

Our team helps guide you through the decision-making process with clear, compassionate communication.

WHETHER YOUR INJURY IS MILD OR SEVERE, OUR TEAM IS HERE TO GUIDE YOU THROUGH **EVERY STEP OF YOUR RECOVERY.**

