



## **CONTRACTED INSURANCES**

**SUBJECT TO CHANGE. CALL TO CONFIRM.**

**AHCCCS Banner University** *Paper referral required fom PCP*

**Aetna HMO** *Authorization Required*

**Aetna Medicare HMO** *Authorization Required*

**Aetna PPO, EPO, Signature Plans**

**Alignment Healthcare**

**AmeriBen**

**Arizona Foundation for Medical Care**

**Arizona Priority Care** *Authorization Required*

**AZCH Complete Care (AHCCCS)** *Paper Referral Required*

**Banner Aetna** *Paper Referral Required*

**Banner Prime Medicare**

**Banner University AHCCCS** *Paper referral required from PCP*

**BCBS**

**BCBS Essential Alliance**

**BCBS Medicare Advantage** *Paper Referral Required*

**Cigna HMO/POS** *Paper Referral Required*

**Cigna Medicare** *No referral required for AZ contracted providers*

**Cigna Open Access**

**Devoted Health**

**First Health**

**GEHA**

**Gold Kidney** *Paper Referral Required*

**Humana**

**Humana HMO** *Paper Referral Required*

**Humana Gold Plus**

**Medica**

**Medicare**

**Mercy Care Plan (AHCCCS)** *Paper Referral Required*

**Mercy Care Advantage (MCR Plan)** *Paper Referral Required*

**Meritain**

**Multi-Plan** *Paper Referral Required*

**Optum Care**

**Oscar** *Paper Referral Required*

**PHCS** *Paper Referral Required*

**Railroad Medicare**

**Tricare Prime** *Authorization Required*

**Tricare Select**

**Tricare For Life**

**Triwest/VA** *Authorization Required*

**UHC Community Plan (AHCCCS)**

**UHC Dual Complete (MCR Plan)**

**UHC Medicare Advantage** *Paper Referral Required*

**United Health Care Commercial**

**Wellcare by Allwell - AZ Medicare** *Paper Referral Required*

## SERVICES OFFERED

- LAND Procedure – Laser Assisted Neural Decompression
- LIFT Procedure – Lateral Interspinous Fusion Therapy
- SIT Procedure – Sacroiliac Joint Fusion
- MILD Procedure – Minimally Invasive Lumbar Decompression
- DISC Procedure - Degenerative Intervertebral Spine Care
- GAE Procedure - Genicular Artery Embolization
- Manipulation Under Anesthesia (MUA)
- Regenerative Medicine / Biologics-Based Therapies
- Kyphoplasty and Vertebroplasty
- Radiofrequency Ablation (RFA)
- Spinal Cord Stimulation (SCS)
- Injections
  - Epidural Steroid
  - Facet Joint
  - Joint
  - Medial Branch Blocks
  - Peripheral Nerve
  - Sacroiliac Joint
  - Sympathetic Nerve Blocks
  - Tendon and/or Bursa
  - Trigger Point
- Discogram
- Bracing
- Medication
- Electrodiagnostic Testing (EMG/NCV)
- Arthritis Care

### CONVENIENT LOCATIONS THROUGHOUT THE VALLEY.



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