



CONTRACTED INSURANCES

Aetna HMO	<i>Authorization Required</i>
Aetna Medicare HMO	<i>Authorization Required</i>
Aetna PPO, EPO, Signature Plans	
Alignment Healthcare	
AmeriBen	
Arizona Foundation for Medical Care	
Arizona Priority Care	<i>Authorization Required</i>
Banner Aetna	<i>Paper Referral Required</i>
BCBS	
BCBS Essential Alliance	
BCBS Medicare Advantage	<i>Paper Referral Required</i>
Cigna HMO/POS	<i>Paper Referral Required</i>
Cigna Medicare	<i>Paper Referral Required</i>
Cigna Open Access	
Devoted Health	<i>Paper Referral Required</i>
First Health	
GEHA	
Humana	
Humana HMO	<i>Paper Referral Required</i>
Humana Gold Plus Medicare	
Mercy Care Plan (AHCCCS)	<i>Paper Referral Required</i>
Mercy Care Advantage (MCR Plan)	<i>Paper Referral Required</i>
Meritain	
Multi-Plan	<i>Paper Referral Required</i>
Optum Care	
Oscar	<i>Paper Referral Required</i>
PHCS	<i>Paper Referral Required</i>
Railroad Medicare	
Tricare Prime	<i>Authorization Required</i>
Tricare Select	
Tricare For Life	
Triwest/VA	<i>Authorization Required</i>
UHC Community Plan (AHCCCS)	<i>Paper Referral Required</i>
UHC Dual Complete (MCR Plan)	
UHC Medicare Advantage	<i>Paper Referral Required</i>
United Health Care Commercial	

CONTRACTED INSURANCES ARE SUBJECT TO CHANGE. WE ENCOURAGE YOU TO CONTACT OUR OFFICE PRIOR TO YOUR VISIT TO CONFIRM WHETHER YOUR INSURANCE IS ACCEPTED.

SERVICES OFFERED

- LAND Procedure – Laser Assisted Neural Decompression
- LIFT Procedure – Lateral Interspinous Fusion Therapy
- SIT Procedure – Sacroiliac Joint Fusion
- MILD Procedure – Minimally Invasive Lumbar Decompression
- DISC Procedure - Degenerative Intervertebral Spine Care
- Manipulation Under Anesthesia (MUA)
- Regenerative Medicine / Biologics-Based Therapies
- Kyphoplasty and Vertebroplasty
- Radiofrequency Ablation (RFA)
- Spinal Cord Stimulation (SCS)
- Injections
 - Epidural Steroid
 - Facet Joint
 - Joint
 - Medial Branch Blocks
 - Peripheral Nerve
 - Sacroiliac Joint
 - Sympathetic Nerve Blocks
 - Tendon and/or Bursa
 - Trigger Point
- Discogram
- Bracing
- Medication
- Electrodiagnostic Testing (EMG/NCV)

NEW LOCATIONS OPENING THROUGHOUT ARIZONA



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